

# Cowichan Hospice House: A centre for living well at the end of life.

The Cowichan Hospice House Task Force is working to create a dedicated hospice residence in the region – a 10-bed centre for living well at the end of life. Later this year, we will be launching a capital fundraising campaign to build Cowichan Hospice House adjacent to Cairnsmore Place. Once built, Island Health will fund core operations and maintenance. We invite you to learn more about Cowichan Hospice House and how you can help at [cowichanhospicehouse.ca](http://cowichanhospicehouse.ca)



Open your heart  
to hospice.

You matter.  
Your family  
matters.  
Especially  
at the end  
of life.



Our goal is to ensure everyone in the Cowichan region has access to safe, comfortable, and appropriate end of life care. But *we need your help*.

Learn more about Cowichan Hospice and Cowichan Hospice House project, make a donation, or share your own story at [cowichanhospicehouse.ca](http://cowichanhospicehouse.ca)



cowichan  
hospice house  
PROJECT

3122 GIBBINS ROAD TEL 250.701.4242  
DUNCAN, BC V9L 6M7 TOLLFREE: 1.888.701.4242

[cowichanhospicehouse.ca](http://cowichanhospicehouse.ca)



cowichan  
hospice house  
PROJECT

“Hospice care is about helping people find beauty and meaning in the time they have left.”

BJ Miller: What really matters at the end of life  
TED Talk | TED.com



So many people in the Cowichan region have been touched by Cowichan Hospice care. Read some of their stories at [cowichanhospicehouse.ca](http://cowichanhospicehouse.ca)

## Our vision for the future: excellent hospice palliative care for everyone, everytime, everywhere in the Cowichan region.

### Q: What is hospice palliative care?

**A:** Hospice palliative care is whole person care for people living with advancing illness. Here the focus is on quality of life, rather than a cure. It is care based on the dying person's own goals and priorities. It is collaborative care that involves and supports family and caregivers through bereavement. *Hospice palliative care offers the possibility of autonomy, dignity and joy at the end of life*

### Q: Why do we need a hospice house?

**A:** Caring for a loved one at the end of life is an honour and a privilege and in fact, in the Cowichan Valley many dying people are cared for at home. But if dying at home isn't possible, for most people the only other choice is care in our busy and overcrowded hospital. Despite the dedication of staff, the setting often doesn't allow for privacy nor for the best possible care for the person dying and their family members.

### Q: What will the Hospice House be like?

**A:** We envision a Cowichan Hospice House that will not only support excellent medical care, but provide access to the outdoors, have comfortable, home-like spaces and places for children to play. It will accommodate family members and pets, support cultural and spiritual practices and be accessible and welcoming to all. In addition to offering

excellent hospice palliative care, it will be a hub for care across our region.

### Q: Don't we already have a hospice house in Cowichan?

**A:** Not yet! *And we will need your help to build one.*

### Q: What does Cowichan Hospice do?

**A:** Based at 3122 Gibbins Road in Duncan, Cowichan Valley Hospice Society staff and trained hospice volunteers provide a wide range of hospice services. Serving Cowichan Valley families since 1981, more than 800 people now receive services each year. These include emotional support and information, companionship through end of life and grief, group support, and public education. These services do not include hospice beds. Cowichan Hospice has long recognized the need for a specialized hospice residence to provide safe, comfortable and appropriate end of life care. *That's why the Cowichan Hospice House Task Force, led by Cowichan Hospice, is working to create a specialized hospice residence in the region – a 10 bed centre for living well at the end of life.*

### Q: How can I help?

**A:** Learn more about Cowichan Hospice and the Cowichan Hospice House Project, sign up for updates or share your story at: [cowichanhospicehouse.ca](http://cowichanhospicehouse.ca)



We envision designing spaces that are calming and familiar with access to nature, room for family and friends to be together, and places for active children.

We're inspired by unique residences that are distinctly "un-institutional" such as the one shown here.

